



Mahroo Multicultural Center LLC

Announces  **VIRTUAL**

Group Therapy Workshop

For International Students

Every Friday in February 2025

From 12 p.m. - 1 p.m.

Are you new in NYC and having a hard time adjusting to the individual culture? Experiencing stress, loneliness, or homesickness?

This workshop is designed to help you develop coping skills and explore how to improve your mental well-being.

Space is limited to 10 students

[Click here to register on workshop form to receive application!](#)

[Accepting all major insurance](#)

For more info, email youth@mmcnyc.com

Text or call 646-420-6633

